

APRIL 2019



GREATER NANTICOKE AREA EDUCATION CENTER BREAKFAST MENU

WHAT IS A BREAKFAST MENU

You must choose at least 3 of the 4 components available for the school breakfast price

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least 1/2 cup)
and

Choice of Milk- 1% white, fat-free white, chocolate, vanilla and strawberry

NOTE: You must take at least 1/2 cup of fruit or vegetable

Fruit may include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit, selection including apples, bananas, and oranges

Whole grain Cereal Selection May include:

Cinnamon Toast Crunch

Trix

Cocoa Puffs

Fruity Cheerios

Rice Crunch

Kix

Cheerios

Fruit Loops

Frosted Flakes

***MENU SUBJECT TO CHANGE**

Breakfast Prices
Student \$1.55
Reduced \$.30
Adult \$2.35

General Manager

Lou Kluck

Phone Number

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Email

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USDA is an equal opportunity provider and employer.

Monday

1

Yogurt
with Graham Cracker
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

8

Dutch Waffle
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

15

Cereal Bar
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

22

**NO SCHOOL
EASTER BREAK**

29

Pancake
on a stick
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

Tuesday

2

Donuts
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

9

Scrambled Eggs
with Toast
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

16

Pop Tarts
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

23

Banana Bread
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

30

Cinnamon Bun
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

Wednesday

3

Asst Cereal Bars
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

10

Breakfast Sandwich
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

17

French Toast Sticks
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

24

Breakfast Sandwich
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

Thursday

4

French Toast Sticks
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

11

Cinnamon Roll
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

18

Donuts
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

25

Pancakes
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

Friday

5

Assorted Breakfast
Breads
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

12

Assorted Muffins
or
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk

19



26

Cherry Frudel
Assorted Cereals
with Toast
Assorted 100% Fruit Juice
or
Assorted Fresh &
Canned Fruit
Choice of Milk