

**JUNE 2019**



**GREATER NANTICOKE AREA  
HIGH SCHOOL BREAKFAST**

**MENU**

**WHAT IS A BREAKFAST MENU**

You must choose at least 3 of the 4 components available for the school breakfast price

Choice of: Grain or grain/protein  
Choice of fruit or vegetable  
(must take at least 1/2 cup)  
and

Choice of Milk- 1% white, fat-free white, chocolate, vanilla and strawberry

NOTE: You must take at least 1/2 cup of fruit or vegetable

Fruit may include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit, selection including apples, bananas, and oranges

Whole grain Cereal Selection May Include:  
Cinnamon Toast Crunch

- Trix
- Cocoa Puffs
- Fruity Cheerios
- Rice Crunch
- Kix
- Cheerios
- Fruit Loops
- Frosted Flakes

**\*MENU SUBJECT TO CHANGE**

**Monday**

**3**  
Muffin  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**Tuesday**

**4**  
Cereal Bar  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**Wednesday**

**5**  
Breakfast Sandwich  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**Thursday**

**6**  
French Toast  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**Friday**

**7**  
Banana Bread  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**10**

Pancake on a Stick  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**11**

Pop Tarts  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**12**

Breakfast Sandwich  
or  
Assorted Cereals with Toast  
Assorted 100% Fruit Juice  
or  
Assorted Fresh & Canned Fruit  
Choice of Milk

**13**

COOKS CHOICE

**14**

COOKS CHOICE

**17**



**18**



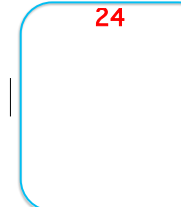
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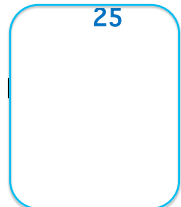
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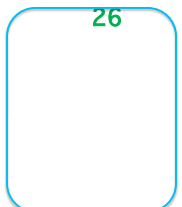
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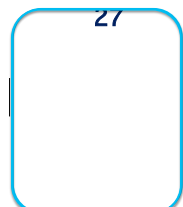
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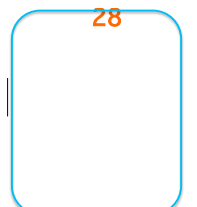
**26**



**27**



**28**



Breakfast Prices  
Student \$1.55  
Reduced \$.40  
Adult \$2.35

**General Manager**

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