

MAY 2019



GREATER NANTICOKE AREA KENNEDY ELEM LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:

PB&J Jamwich with String Cheese & Graham Snack

Ham & Cheese cubes, Crackers, & Graham Snack

Fruit & Yogurt Lunch Pack w/Graham Snack & String Cheese

MENU SUBJECT TO CHANGE



Lunch Prices
 Student \$2.20
 Reduced \$.40
 Adult \$3.35

General Manager
 Lou Kluck

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 570-735-8534

Email

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USDA is an equal opportunity provider and employer.

Monday



6

Corn Dog

Featured Veggies:

Baked Beans
 Celery Stick
 Choice of Fruit
 Choice of Milk

13

Chicken Patty
 On a Bun

Featured Veggies:

Fries
 Steamed Carrots
 Choice of Fruit
 Choice of Milk

20

Chicken Mash Potato Bowl
 with a Dinner Roll

Featured Veggies:

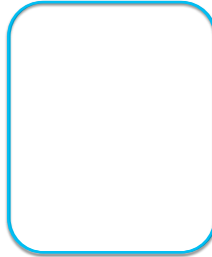
Mashed Potatoes
 Corn
 Choice of Fruit
 Choice of Milk

27



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Tuesday



7

Nachos Grande

Featured Veggies:

Salad
 Cucumber Slices
 Choice of Fruit
 Choice of Milk

14

Cheeseburger

Featured Veggies:

Tots
 Salad
 Choice of Fruit
 Choice of Milk

21

Sloppy Joes

Featured Veggies:

Tots
 Peas
 Choice of Fruit
 Choice of Milk

28

Nachos Grande

Featured Veggies:

Salad
 Cucumber Slices
 Choice of Fruit
 Choice of Milk

Wednesday

1
 Yogurt
 Caraveable

Featured Veggies:
 String Cheese
 GoldFish
 Choice of Fruit
 Choice of Milk

8
 Turkey
 Caraveable

Featured Veggies:
 String Cheese
 GoldFish
 Choice of Fruit
 Choice of Milk

15
 French Toast Sticks
 Sausage
Featured Veggies:
 Fruit
 Hash Brown
 Choice of Fruit
 Choice of Milk

22
 Ham & Cheese
 Caraveable

Featured Veggies:
 String Cheese
 GoldFish
 Choice of Fruit
 Choice of Milk

29
 Yogurt
 Caraveable

Featured Veggies:
 String Cheese
 GoldFish
 Choice of Fruit
 Choice of Milk

Thursday

2
 Meatball Sub
Featured Veggies:
 Tatar Tots
 Cucumbers
 Choice of Fruit
 Choice of Milk

9
 Rotini
 with Meatballs
Featured Veggies:
 Steamed Broccoli
 Grape Tomatoes
 Choice of Fruit
 Choice of Milk

16
 Ham & Cheese
 Sandwich
Featured Veggies:
 Salad
 Chips
 Choice of Fruit
 Choice of Milk

23
 Hot Dogs
Featured Veggies:
 Salad
 Chips
 Choice of Fruit
 Choice of Milk

30
 Chicken Patty
Featured Veggies:
 Fries
 Hot Veggies
 Choice of Fruit
 Choice of Milk

Friday

3
 NO STUDENTS
 ACT 80 DAY

10
 Stuffed Crust Pizza
Featured Veggies:
 Vegetable
 Salad
 Choice of Fruit
 Choice of Milk

17
 Pierogies
Featured Veggies:
 Peas
 Salad
 Choice of Fruit
 Choice of Milk

24
 Cheese Pizza
Featured Veggies:
 Salad
 Tomato Soup
 Choice of Fruit
 Choice of Milk

31
 Mini Pancake with
 Sausage
Featured Veggies:
 Fruit
 Hash Brown
 Choice of Fruit
 Choice of Milk