

**MAY  
2024**



**GREATER NANTICOKE AREA  
KENNEDY ELEMENTARY LUNCH MENU**

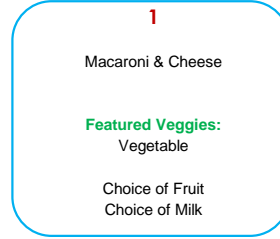
**MONDAY**



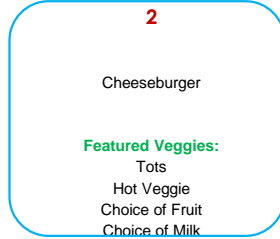
**TUESDAY**



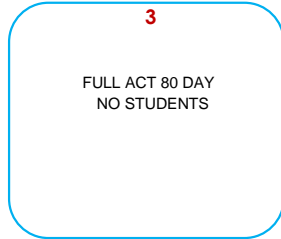
**WEDNESDAY**



**THURSDAY**



**FRIDAY**



**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread

Choice of Milk - 1% white and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**

**Dark green** - spinach, broccoli, romaine and spring salad

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**

**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

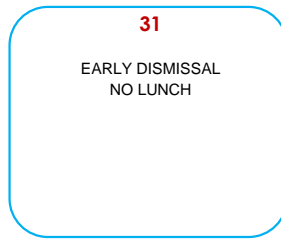
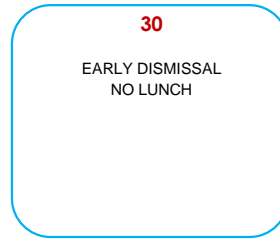
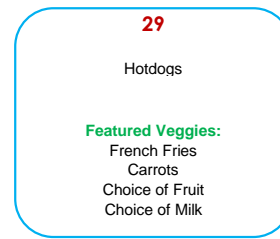
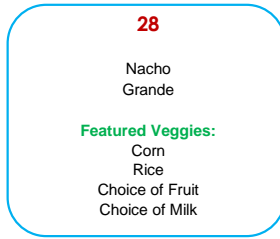
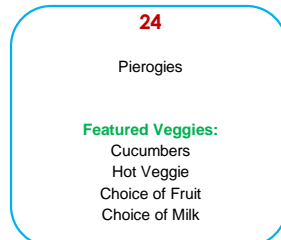
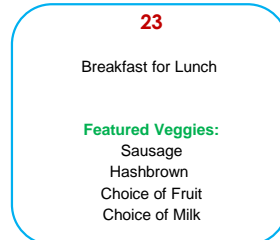
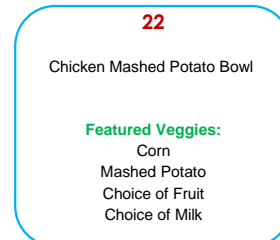
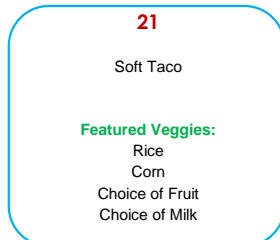
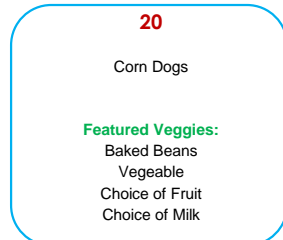
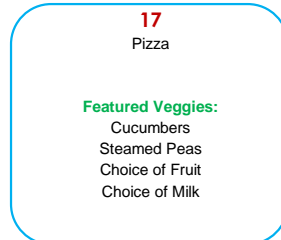
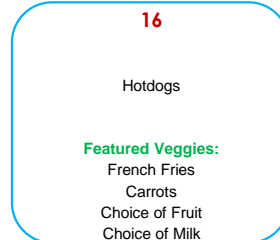
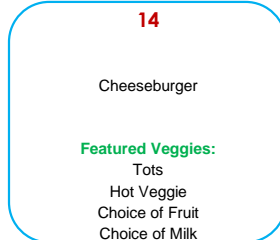
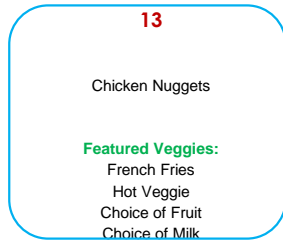
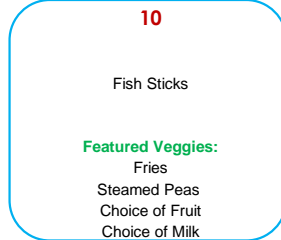
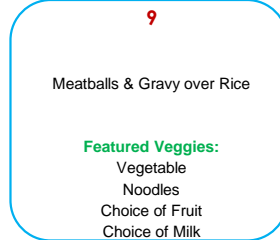
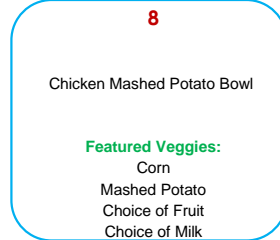
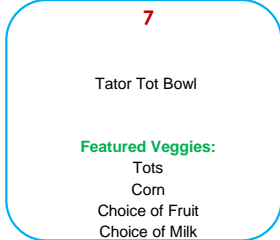
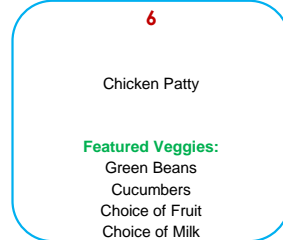


**DAILY ENTREE OPTIONS MAY INCLUDE:**

PB&J Jamwich with String Cheese & Graham Snack

Ham & Cheese Cubes, Crackers, & Graham Snacks

Fruit & Yogurt Lunch Pack with Graham Snack & String Cheese



Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.

**MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.**