# **APRIL** 2024

#### What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein Choice of: Fruit or Vegetable (must take at least 1/2 cup) Choice of Milk: 1% white, fat-free white, chocolate, vanilla, and strawberry Note: You must take at least 1/2 cup of fruit or

Daily Fruit Selection May Include: canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

Whole Grain Cereal Selection May Include: Cinnamon Toast Crunch

Trix Cocoa Puffs Cheerios Fruity Cheerios Rice Crunch Kix Fruit Loops Frosted Flakes

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.



www.schoolcafe.com for online cafeteria payments

ADULT BREAKFAST: \$2.40



# **GREATER NANTICOKE AREA EDUCATION CENTER BREAKFAST MENU**

#### **MONDAY**



### **TUESDAY**

Cereal Bar Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

## **WEDNESDAY**

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

## **THURSDAY**

Cinnamon Bun **Assorted Cereals** 

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

#### **FRIDAY**

Uncrustable Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

Assorted Muffins Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

9

Pop Tart Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

10

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

11

Donuts Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

12

Bagels with Cream Cheese Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

15

Assorted Muffins Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

16

Banana Bread Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

17

Pop Tart Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

18

Uncrustable Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

19

**FULL ACT 80** DAY NO STUDENTS

22

Assorted Muffins Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

23

Cinnamon Bun Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

24

Breakfast Sandwich Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

25

Donuts **Assorted Cereals** 

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

Bagels wwith Cream Cheese Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

29 Assorted Muffins Assorted Cereals with Toast

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

30

Blueberry Loaf **Assorted Cereals** 

100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.

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