

**APRIL  
2024**



**GREATER NANTICOKE AREA  
KENNEDY ELEMENTARY LUNCH MENU**

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**  
**Dark green** - spinach, broccoli, romaine and spring salad  
**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers  
**Beans/Peas**  
**Starchy** - white potatoes, corn, and lima beans  
**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**  
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

**DAILY ENTREE OPTIONS MAY INCLUDE:**  
PB&J Jamwich with String Cheese & Graham Snack  
Ham & Cheese Cubes, Crackers, & Graham Snacks  
Fruit & Yogurt Lunch Pack with Graham Snack & String Cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p>	<p><b>2</b></p> <p>Nacho Grande</p> <p><b>Featured Veggies:</b> Corn Rice Choice of Fruit Choice of Milk</p>	<p><b>3</b></p> <p>Hot Dogs</p> <p><b>Featured Veggies:</b> Choice of Fruit Choice of Milk</p>	<p><b>4</b></p> <p>Cheeseburger</p> <p><b>Featured Veggies:</b> Tots Hot Veggie Choice of Fruit Choice of Milk</p>	<p><b>5</b></p> <p>Pizza</p> <p><b>Featured Veggies:</b> Cucumbers Steamed Peas Choice of Fruit Choice of Milk</p>
<p><b>8</b></p> <p>Chicken Patty</p> <p><b>Featured Veggies:</b> Green Beans Cucumbers Choice of Fruit Choice of Milk</p>	<p><b>9</b></p> <p>Tator Tot Bowl</p> <p><b>Featured Veggies:</b> Tots Corn Choice of Fruit Choice of Milk</p>	<p><b>10</b></p> <p>Chicken Mashed Potato Bowl</p> <p><b>Featured Veggies:</b> Corn Mashed Potato Choice of Fruit Choice of Milk</p>	<p><b>11</b></p> <p>Meatballs &amp; Gravy over Rice</p> <p><b>Featured Veggies:</b> Vegetable Noodles Choice of Fruit Choice of Milk</p>	<p><b>12</b></p> <p>Fish Sticks</p> <p><b>Featured Veggies:</b> Fries Steamed Peas Choice of Fruit Choice of Milk</p>
<p><b>15</b></p> <p>Chicken Nuggets</p> <p><b>Featured Veggies:</b> French Fries Hot Veggie Choice of Fruit Choice of Milk</p>	<p><b>16</b></p> <p>Cheeseburger</p> <p><b>Featured Veggies:</b> Tots Hot Veggie Choice of Fruit Choice of Milk</p>	<p><b>17</b></p> <p>Ham &amp; Cheese Sandwich</p> <p><b>Featured Veggies:</b> Chips Vegetable Choice of Fruit Choice of Milk</p>	<p><b>18</b></p> <p>Hotdogs</p> <p><b>Featured Veggies:</b> French Fries Carrots Choice of Fruit Choice of Milk</p>	<p><b>19</b></p> <p>FULL ACT 80 DAY NO STUDENTS</p>
<p><b>22</b></p> <p>Corn Dogs</p> <p><b>Featured Veggies:</b> Baked Beans Vegetable Choice of Fruit Choice of Milk</p>	<p><b>23</b></p> <p>Soft Taco</p> <p><b>Featured Veggies:</b> Rice Corn Choice of Fruit Choice of Milk</p>	<p><b>24</b></p> <p>Chicken Mashed Potato Bowl</p> <p><b>Featured Veggies:</b> Corn Mashed Potato Choice of Fruit Choice of Milk</p>	<p><b>25</b></p> <p>Breakfast for Lunch</p> <p><b>Featured Veggies:</b> Sausage Hashbrown Choice of Fruit Choice of Milk</p>	<p><b>26</b></p> <p>Pierogies</p> <p><b>Featured Veggies:</b> Cucumbers Hot Veggie Choice of Fruit Choice of Milk</p>
<p><b>29</b></p> <p>Hotdogs</p> <p><b>Featured Veggies:</b> French Fries Carrots Choice of Fruit Choice of Milk</p>	<p><b>30</b></p> <p>Nacho Grande</p> <p><b>Featured Veggies:</b> Corn Rice Choice of Fruit Choice of Milk Choice of Milk</p>			

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.

