

**AUG/SEPT
2024**



**GREATER NANTICOKE AREA
EDUCATION CENTER BREAKFAST MENU**

MONDAY

26

TEACHERS
IN-SERVICE

TUESDAY

27

TEACHERS
IN-SERVICE

WEDNESDAY

28

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

THURSDAY

29

Cinnamon Bun
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

FRIDAY

30

Bagels with Cream Cheese
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

2



3

Pop Tart
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

4

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

5

Donuts
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

6

Uncrustable
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

9

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

10

Banana Bread
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

11

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

12

Apple Frudel
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

13

Bagels with Cream Cheese
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

16

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

17

Cinnamon Bun
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

18

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

19

Donuts
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

20

ACT 80 DAY
NO STUDENTS

23

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

24

Uncrustable
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

25

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

26

Blueberry Loaf
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

27

Pop Tart
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein
Choice of: Fruit or Vegetable

(must take at least 1/2 cup)

Choice of Milk: 1% white, fat-free white, chocolate, vanilla, and strawberry

Note: You must take at least 1/2 cup of fruit or vegetable

Daily Fruit Selection May Include:

canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

Whole Grain Cereal Selection May Include:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Cheerios
- Fruity Cheerios
- Rice Crunch
- Kix
- Fruit Loops
- Frosted Flakes

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.



www.schoolcafe.com for online cafeteria payments

ADULT BREAKFAST: \$2.40

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.