

DECEMBER 2024



GREATER NANTICOKE AREA EDUCATION CENTER BREAKFAST MENU

MONDAY

2

NO SCHOOL
THANKSGIVING
BREAK

TUESDAY

3

Cereal Bar
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

WEDNESDAY

4

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

THURSDAY

5

Cinnamon Bun
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

FRIDAY

6

Blueberry Loaf
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

9

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

10

Pop Tart
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

11

Minnny Cinny
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

12

Donuts
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

13

Uncrustable
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

16

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

17

Banana Bread
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

18

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

19

Apple Frudel
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

20

Strawberry Bagel
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

23



24



26



27

What is a Breakfast Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein
Choice of: Fruit or Vegetable
(must take at least 1/2 cup)
Choice of Milk: 1% white, fat-free white, chocolate, vanilla, and strawberry

Note: You must take at least 1/2 cup of fruit or vegetable

Daily Fruit Selection May Include:

canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Cheerios
Fruity Cheerios
Rice Crunch
Kix
Fruit Loops
Frosted Flakes

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.



www.schoolcafe.com for online cafeteria payments

ADULT BREAKFAST: \$2.40

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.