

DECEMBER 2024



GREATER NANTICOKE AREA HIGH SCHOOL BREAKFAST MENU

MONDAY

2

THANKSGIVING BREAK

NO SCHOOL

TUESDAY

3

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

WEDNESDAY

4

PopTarts
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

THURSDAY

5

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

FRIDAY

6

Mini Cinnys
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

9

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

10

Blueberry Loaf
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

11

Fruit Strudel
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

12

Uncrustable
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

13

Bagel w/ Cream Cheese
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

16

Assorted Muffins
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

17

Cinnamon Bun
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

18

Donuts
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

19

Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

20

Bagel w/ Cream Cheese
Assorted Cereals

100% Fruit Juice or
Assorted Fresh & Canned Fruit
Choice of Milk

23



24



25

26

27



What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein

Choice of: Fruit or Vegetable

(must take at least 1/2 cup)

Choice of Milk: 1% white, fat-free white, chocolate, vanilla, and strawberry

Note: You must take at least 1/2 cup of fruit or vegetable

Daily Fruit Selection May Include:

canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch

Trix

Cocoa Puffs

Cheerios

Fruity Cheerios

Rice Crunch

Kix

Fruit Loops

Frosted Flakes

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.



www.schoolcafe.com for online cafeteria payments

ADULT BREAKFAST: \$2.40

GENERAL MANAGER

Lou Kluck

PHONE NUMBER

570-735-8534

EMAIL: ma1102@metzcorp.com

USDA is an equal opportunity provider an employer.

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.