

JANUARY 2025



GREATER NANTICOKE AREA HIGH SCHOOL BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein

Choice of: Fruit or Vegetable

(must take at least 1/2 cup)

Choice of Milk: 1% white, fat-free white, chocolate, vanilla, and strawberry

Note: You must take at least 1/2 cup of fruit or vegetable

Daily Fruit Selection May Include:

canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch

Trix

Cocoa Puffs

Cheerios

Fruity Cheerios

Rice Crunch

Kix

Fruit Loops

Frosted Flakes

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.



www.schoolcafe.com for online cafeteria payments

ADULT BREAKFAST: \$2.40

GENERAL MANAGER

Lou Kluck

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570-735-8534

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6
Assorted Muffins
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

7
Uncrustable
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

8
Fruit Strudel
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

9
Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

10
Mini Bagels
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

13
Assorted Muffins
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

14
Cinnamon Bun
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

15
Donuts
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

16
Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

17
Bagel w/ Cream Cheese
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

20
 MARTIN LUTHER KING JR. DAY

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

21
Uncrustable
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

22
Pop Tart
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

23
Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

24
Mini Bagels
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

27
Assorted Muffins
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

28
Blueberry Loaf
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

29
Donuts
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

30
Breakfast Sandwich
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

31
Bagel w/ Cream Cheese
Assorted Cereals

100% Fruit Juice or Assorted Fresh & Canned Fruit
Choice of Milk

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.