

# MARCH 2025



# GREATER NANTICOKE AREA EDUCATION CENTER LUNCH MENU

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**  
**Dark green** - spinach, broccoli, romaine and spring salad  
**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers  
**Beans/Peas**  
**Starchy** - white potatoes, corn, and lima beans  
**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**  
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries,



**MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.**



[www.schoolcafe.com](http://www.schoolcafe.com) for online cafeteria payments

**ADULT LUNCH: \$4.75**

**GENERAL MANAGER**

Lou Kluck

**PHONE NUMBER**

570-735-8534

**EMAIL:** [ma1002@metzcorp.com](mailto:ma1002@metzcorp.com)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b> Lasagna Rolls or Hamburger</p> <p><b>Featured Veggies:</b> Salad Hot Veggie Choice of Fruit Choice of Milk</p>	<p><b>4</b> Chicken Buritto Bowl or BBQ Ribby</p> <p><b>Featured Veggies:</b> Salad Beans Choice of Fruit Choice of Milk</p>	<p><b>5</b> Italian Dunkers or Hot Dog</p> <p><b>Featured Veggies:</b> Salad Vegetable Choice of Fruit Choice of Milk</p>	<p><b>6</b> Breakfast for Lunch or Hot dog</p> <p><b>Featured Veggies:</b> Hash Brown Side Salad Choice of Fruit Choice of Milk</p>	<p><b>7</b> Pizza or Hot Dog</p> <p><b>Featured Veggies:</b> Salad Vegetable Choice of Fruit Choice of Milk</p>
<p><b>10</b> Chicken Nuggets  or Cheesburger</p> <p><b>Featured Veggies:</b> Salad Fries Choice of Fruit Choice of Milk</p>	<p><b>11</b> Nacho Grande or Meatball Sub</p> <p><b>Featured Veggies:</b> Rice Salad Choice of Fruit Choice of Milk</p>	<p><b>12</b> Chicken Mashed Potato Bowl or Hotdog</p> <p><b>Featured Veggies:</b> Corn Mashed Potato Choice of Fruit Choice of Milk</p>	<p><b>13</b> Buffalo Chicken Dip Flatbread or Chicken Patty</p> <p><b>Featured Veggies:</b> Salad Fries Choice of Fruit Choice of Milk</p>	<p><b>14</b> Toasted Cheese or Fish Sticks</p> <p><b>Featured Veggies:</b> Fries Tomato Soup Choice of Fruit Choice of Milk</p>
<p><b>17</b> Corn Dogs or Macaroni &amp; Cheese</p> <p><b>Featured Veggies:</b> Salad Tots Choice of Fruit Choice of Milk</p>	<p><b>18</b> Soft Taco or Hot Dog</p> <p><b>Featured Veggies:</b> Rice Salad Choice of Fruit Choice of Milk</p>	<p><b>19</b> Chicken Ala King with Biscuit or Cheesesteak</p> <p><b>Featured Veggies:</b> Salad Broccoli Choice of Fruit Choice of Milk</p>	<p><b>20</b> Chicken Parm With Pasta or Sloppy Joes</p> <p><b>Featured Veggies:</b> Pasta Hot Veggie Choice of Fruit Choice of Milk</p>	<p><b>21</b>  FULL ACT 80 DAY  NO STUDENTS</p>
<p><b>24</b> General Tso Chicken or Hot Dogs</p> <p><b>Featured Veggies:</b> Rice Broccoli Choice of Fruit Choice of Milk</p>	<p><b>25</b> Chicken Fajita or Cheeseburger</p> <p><b>Featured Veggies:</b> Salad Rice Choice of Fruit Choice of Milk</p>	<p><b>26</b> Chicken Mashed Potato Bowl or Hotdog</p> <p><b>Featured Veggies:</b> Corn Mashed Potato Choice of Fruit Choice of Milk</p>	<p><b>27</b> GNA Hoagie or Chicken Patty</p> <p><b>Featured Veggies:</b> Chips Side Salad Choice of Fruit Choice of Milk</p>	<p><b>28</b> Pierogies or Cheesesteak</p> <p><b>Featured Veggies:</b> Rice Side Salad Choice of Fruit Choice of Milk</p>