

MARCH 2025



GREATER NANTICOKE AREA KENNEDY ELEMENTARY LUNCH MENU

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white and fat-free

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin



DAILY ENTREE OPTIONS MAY INCLUDE:
PB&J Jamwich with String Cheese & Graham Snack
Ham & Cheese Cubes, Crackers, & Graham Snacks

MONDAY

3

Chicken Nuggets

Featured Veggies:

French Fries
Hot Veggie
Choice of Fruit
Choice of Milk

10

Hot Dogs

Featured Veggies:

Baked Beans
Vegetable
Choice of Fruit
Choice of Milk

17

Chicken Patty

Featured Veggies:

Fries
Vegetable
Choice of Fruit
Choice of Milk

24

Breakfast for Lunch

Featured Veggies:

Sausage
Hashbrown
Choice of Fruit
Choice of Milk

TUESDAY

4

Tator Tot Bowl

Featured Veggies:

Tots
Cucumbers
Choice of Fruit
Choice of Milk

11

Soft Taco

Featured Veggies:

Rice
Corn
Choice of Fruit
Choice of Milk

18

Corn Dogs

Featured Veggies:

Baked Beans
Vegetable
Choice of Fruit
Choice of Milk

25

Nacho Grande

Featured Veggies:

Corn
Rice
Choice of Fruit
Choice of Milk

WEDNESDAY

5

Fish Sticks

Featured Veggies:

French Fries
Carrots
Choice of Fruit
Choice of Milk

12

Chicken Mashed Potato Bowl

Featured Veggies:

Corn
Mashed Potato
Choice of Fruit
Choice of Milk

19

Turkey & Cheese Sandwich

Featured Veggies:

Carroteenies
Chips
Choice of Fruit
Choice of Milk

26

Bologna Sandwich

Featured Veggies:

Vegetable
Chios
Choice of Fruit
Choice of Milk

THURSDAY

6

Ham & Cheese Sandwich

Featured Veggies:

Carroteenies
Chips
Choice of Fruit
Choice of Milk
Choice of Milk

13

Cheeseburger

Featured Veggies:

Vegetable
Fries
Choice of Fruit
Choice of Milk

20

Meatballs & Gravy over Rice

Featured Veggies:

Vegetable
Rice
Choice of Fruit
Choice of Milk

27

Rotini with Meatsauce

Featured Veggies:

Beans
Choice of Fruit
Choice of Milk

FRIDAY

7

Macaroni & Cheese

Featured Veggies:

Cucumbers
Steamed Peas
Choice of Fruit
Choice of Milk

14

Toasted Cheese

Featured Veggies:

Green Beans
Tomato Soup
Choice of Fruit
Choice of Milk

21

FULL ACT 80 DAY

NO STUDENTS

28

PIEROGIES

Featured Veggies:

Cucumbers
Vegetable
Choice of Fruit
Choice of Milk

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.