

MAY/JUNE 2023



GREATER NANTICOKE AREA KENNEDY ELEM LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free

chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options may include:

PB&J Jamwich with

String Cheese & Graham Snack

Ham & Cheese cubes,

Crackers, & Graham Snack

Fruit & Yogurt Lunch Pack

w/Graham Snack & String Cheese

MENU SUBJECT TO CHANGE

DEPENDING ON PRODUCT

AVAILABILITY



Consuming raw or undercooked meat, poultry, fish shellfish or eggs increase you risk of food borne illness

Adult Lunch \$4.00

General Manager

Lou Kluck

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USDA is an equal opportunity provider and employer.

Monday

Meatballs & Gravy

Featured Veggies:

Noodles

Hot Veggie

Choice of Fruit

Choice of Milk

Tuesday

Tatar Tot Bowl

Featured Veggies:

Vegetable

Tots

Choice of Fruit

Choice of Milk

Wednesday

Hot Dogs

Featured Veggies:

Vegetable

Fries

Choice of Fruit

Choice of Milk

Thursday

Chicken Nuggets

Featured Veggies:

Fries

Hot Veggie

Choice of Fruit

Choice of Milk

Friday

NO SCHOOL
IN-SERVICE

8

Corn Dog

Featured Veggies:

Green Beans

Fries

Choice of Fruit

Choice of Milk

9

Chicken Patty

Featured Veggies:

Green Beans

Fries

Choice of Fruit

Choice of Milk

10

Chicken Mashed Potato Bowl

Featured Veggies:

Mashed Potato

corn

Choice of Fruit

Choice of Milk

11

Bologna & Cheese Sandwich

Featured Veggies:

Chips

Hot Vegetable

Choice of Fruit

Choice of Milk

12

Stuffed Crust Pizza

Featured Veggies:

Cucumbers

Steamed Peas

Choice of Fruit

Choice of Milk

15

Turkey Sandwich

Featured Veggies:

Chips

Hot Vegetable

Choice of Fruit

Choice of Milk

16

Nacho Grande

Featured Veggies:

Corn

Cucumber

Choice of Fruit

Choice of Milk

17

Cheeseburger

Featured Veggies:

Fries

Hot Veggie

Choice of Fruit

Choice of Milk

18

Hot Dogs

Featured Veggies:

Carrots

Fries

Choice of Fruit

Choice of Milk

19

Cheese Pizza

Featured Veggies:

Cucumbers

Steamed Peas

Choice of Fruit

Choice of Milk

22

Meatball Sub

Featured Veggies:

Tots

Hot Veggie

Choice of Fruit

Choice of Milk

23

Soft Taco

Featured Veggies:

Rice

Hot Veggie

Choice of Fruit

Choice of Milk

24

Pierogies

Featured Veggies:

Vegetable

Fries

Choice of Fruit

Choice of Milk

25

Ham & cheese Sandwich

Featured Veggies:

Chips

Pickles

Choice of Fruit

Choice of Milk

26

Cheese Pizza

Featured Veggies:

Hot Vegetable

Cucumber

Choice of Fruit

Choice of Milk

29

NO SCHOOL

MEMORIAL DAY

30

COOKS CHOICE

31

COOKS CHOICE

1

COOKS CHOICE

2

COOKS CHOICE