

**February
2024**



**GREATER NANTICOKE AREA
EDUCATION CENTER BREAKFAST MENU**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or Grain/Protein

Choice of: Fruit or Vegetable

(must take at least 1/2 cup)

Choice of Milk: 1% white, fat-free white, chocolate, vanilla, and strawberry

Note: You must take at least 1/2 cup of fruit or vegetable

Daily Fruit Selection May Include:

canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple or orange), fresh fruit (apples, bananas, and oranges)

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch

Trix

Cocoa Puffs

Cheerios

Fruity Cheerios

Rice Crunch

Kix

Fruit Loops

Frosted Flakes



MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.



www.schoolcafe.com for online cafeteria payments

ADULT BREAKFAST: \$2.40



<p>5</p> <p>Assorted Muffins Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>6</p> <p>Pop Tart Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>7</p> <p>Breakfast Sandwich Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>1</p> <p>Cinnamon Bun Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>2</p> <p>Uncrustable Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>
<p>12</p> <p>Assorted Muffins Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>13</p> <p>Banana Bread Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>14</p> <p>Pop Tart Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>8</p> <p>Donuts Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>9</p> <p>Bagels with Cream Cheese Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>
<p>19</p> <p>Presidents's DAY</p>	<p>20</p> <p>Assorted Muffins Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>21</p> <p>Breakfast Sandwich Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>15</p> <p>Fruit Strudel Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>16</p> <p>Cereal Bar Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>
<p>26</p> <p>Assorted Muffins Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>27</p> <p>Fruit Strudel Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>28</p> <p>Breakfast Sandwich Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>22</p> <p>Cinnamon Bun Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>23</p> <p>Uncrustable Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>
<p>29</p> <p>Assorted Muffins Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>29</p> <p>Fruit Strudel Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>29</p> <p>Breakfast Sandwich Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>29</p> <p>Donuts Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>	<p>1</p> <p>Bagels with Cream Cheese Assorted Cereals with Toast</p> <p>100% Fruit Juice or Assorted Fresh & Canned Fruit Choice of Milk</p>

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.