

FEBRUARY 2024



GREATER NANTICOKE AREA KENNEDY ELEMENTARY LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges



DAILY ENTREE OPTIONS MAY INCLUDE:
PB&J Jamwich with String Cheese & Graham Snack
Ham & Cheese Cubes, Crackers, & Graham Snacks
Fruit & Yogurt Lunch Pack with Graham Snack & String Cheese

5 Chicken Patty Featured Veggies: Green Beans Cucumbers Choice of Fruit Choice of Milk	6 Nacho Grande Featured Veggies: Corn Rice Choice of Fruit Choice of Milk	7 Chicken Mashed Potato Bowl Featured Veggies: Corn Mashed Potato Choice of Fruit Choice of Milk	8 Meatballs & Gravy over Noodles Featured Veggies: Vegetable Noodles Choice of Fruit Choice of Milk	9 Macaroni & Cheese Featured Veggies: Cucumbers Steamed Peas Choice of Fruit Choice of Milk
12 Chicken Nuggets Featured Veggies: French Fries Hot Veggie Choice of Fruit Choice of Milk	13 Tator Tot Bowl Featured Veggies: Tots Corn Choice of Fruit Choice of Milk	14 Bologna & Cheese Sandwich Featured Veggies: Chips Vegetable Choice of Fruit Choice of Milk	15 Hotdogs Featured Veggies: French Fries Carrots Choice of Fruit Choice of Milk	16 Stuffed Crust Pizza Featured Veggies: Cucumbers Hot Veggie Choice of Fruit Choice of Milk
19 Presidents' DAY	20 Corn Dogs Featured Veggies: French Fries Baked Beans Choice of Fruit Choice of Milk	21 Ham & Cheese Sandwich Featured Veggies: Chips Vegetable Choice of Fruit Choice of Milk	22 Cheeseburger Featured Veggies: Tots Hot Veggie Choice of Fruit Choice of Milk	23 Pierogies Featured Veggies: Hot Veggie Choice of Fruit Choice of Milk
26 Chicken Patty Featured Veggies: Green Beans Cucumbers Choice of Fruit Choice of Milk	27 Soft Taco Featured Veggies: Rice Corn Choice of Fruit Choice of Milk	28 Chicken Mashed Potato Bowl Featured Veggies: Corn Mashed Potatoes Choice of Fruit Choice of Milk	29 Breakfast for Lunch Featured Veggies: Sausage Hashbrown Choice of Fruit Choice of Milk	1 Pizza Featured Veggies: Cucumbers Steamed Peas Choice of Fruit Choice of Milk

Consuming raw or undercooked meat, poultry, fish, shellfish, or eggs increases your risk of foodborne illness.

MENU SUBJECT TO CHANGE DEPENDING ON PRODUCT AVAILABILITY.

