KENNEDY ELEMENTARY LUNCH MENU

September 2026

EAT SMART
BE SMART

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 TEACHERS IN-SERVICE	1 TEACHERS IN-SERVICE	2 Chicken Nuggets **Mixed Vegetables** **Fries**	3 **Breakfast for Lunch:** **Tri-Taters** **Sausage Links**	4 Italian Dunkers with Dipping Sauce (V) **Salad** **Steamed Carrots**
Available Daily: Peanut Butter & Jelly				
7 LABOR NO SCHOOL	8 Beef Soft Tacos **Lettuce & Tomato**	9 Chicken Patty **Carrots** **Fries**	10 Ham & Cheese Sandwich **Apple slices** **Baby Carrots**	11 Toasted Cheese Sandwich(V) **Tomato Soup** **Peas**
Available Daily: Peanut butter & Jelly				
14 Breaded Chicken Tenders **Crinkle Cut Fries** **Mixed Vegetable**	15 Meatballs & Gravy **Rice** **Steamed Carrots**	16 Chicken Mashed Potato Bowl **Corn** **Mashed Potatoes**	17 Turkey & Cheese Sandwich **Apple slices** **Baby Carrots**	18 Pizza **Steamed Green Beans** **Salad**
Available Daily: Peanut Butter & Jelly				
21 Cheeseburger **Fries** **Cucumber Slices**	22 Tatar Tot Bowl **Golden Corn** **Salad**	23 Hot Dog **Baked Beans** **Tatar Tots**	24 Mac & Cheese with Dinner Roll (V) **Steamed Garden Peas** **Salad**	25 FULL DAY TEACHERS IN-SERVICE NO STUDENTS
Available Daily: Peanut Butter & Jelly				
28 Corn Dogs **Side Salad** **Baked Beans**	29 Nachos Grande With Tortilla Chips **Beans** **Golden Corn**	30 Chicken Patty **Fries** **Fresh Cucumber Slices**		
Available Daily: Peanut Butter & Jelly				

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Daily Alternates
Peanut Butter & Jelly

Fruits & Veggies
Mixed Fruit- Diced Peaches- Mandarin Oranges- Pears- Baby Carrots- Applesauce- Apple Slices

Students may choose two ½ cup servings.

Milk Selections: 1% White Milk – Fat Free Chocolate

Lunch Prices

Student	$3.25
Adult	$5.25

(V)	Vegetarian
(VG)	Vegan
(GF)	Gluten-Free
(H)	Halal

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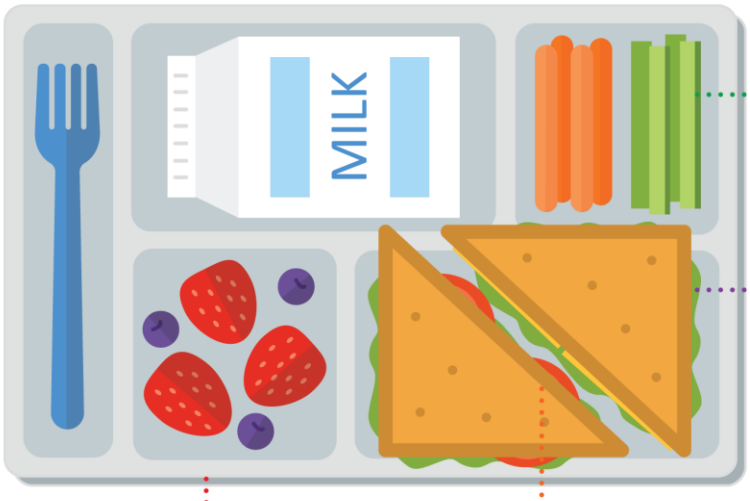

MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of the **5** components available for the school lunch price:

Meat/Meat Alternative, Grain/Bread, Fruit, Vegetable, Milk
A minimum of ½ cup serving of fruit must accompany a school breakfast.

Assorted Variety of Milk Available Daily
Fat-Free White, 1% White, and 1% Chocolate

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LUNCH PRICES

Student Lunch:	$3.25
Adult Lunch:	$5.25

ADDITIONAL INFO HERE

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YOUR DINING SERVICES TEAM
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